

YOUTH CLASSES SCHEDULE



VIEW OUR SCHEDULE
ONLINE

www.bethanyathleticclub.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				Tumble Tots - BB Ages 2yrs-3yrs 9:00am-9:30am Capacity 10		
Sports Unlimited - BB 4:00pm-4:45pm Ages 5-12yrs Capacity 20		Kids Dance - MB 4:00pm-4:45pm Ages 5-12yrs Capacity 15				
	Gymnastics I - MB 4:30PM-5:15PM Ages 4-7 years Capacity 15	Sports Unlimited - BB 4:00pm-4:45pm Ages 5-12yrs Capacity 20	Gymnastics II - BB 4:30PM-5:15PM Ages 8-12 years Capacity 15			
Fit & Fun - MB 5:00pm-5:45pm Ages 5-12yrs Capacity 15	Kids Cardio/HIIT- MB 5:30pm-6:30pm Ages 6-12yrs Capacity 15	Move & Groove Games!- MB 5:00pm-5:45pm Ages 4-7yrs Capacity 10	Kids Cardio/HIIT - BB 5:30PM-6:30PM Ages 6-12 years Capacity 15			

All drop in Youth Classes have age limits and group capacity to ensure a safe and fun environment for all who attend. It is instructor discretion for any accommodations to age and capacity limits. We ask that you limit attendance to 1 class per day unless class is not at capacity. Please always sign in and drop child off WITH instructor. An adult must always remain in the build during the entire duration of class.

***All classes are subject to cancelation if there are no participants 10 minutes after the start time.**

KEY

BB: Basketball Court
MB: Mind/Body Studio
KC: Kid's Club



@bethanyathleticclub



@thebethanyathleticclub